



FROM YOUR SCHOOL NURSE

Medication Guidelines:

Per Teton County School District #1 policy, our school does not provide any medications except topical preparations and the emergency Epi-pen. If your child needs medication during school hours, you must:

- Bring the medication **in the original container** – whether it's a prescription medication or over-the-counter medicine.
- Prescription and herbal medications: A written order or a permission form filled out and **signed by the prescribing health care provider and the parent/guardian** must accompany the medication.
- For over-the-counter medications (including Tylenol and Ibuprofen), the student's **parent/guardian must complete and sign a permission form** that includes the name of the student, the medication name, purpose, dosage, time to be given, and any possible side effects. These forms are available in the nurse's office or the school secretary.

There are particular circumstances that require a student to carry his/her own medication (i.e. asthma, diabetes, and severe allergies). The health care provider and parent must provide written authorization stating the student is to carry and self-administer the medication. The student must meet with the school nurse to demonstrate competency in self-administration of the medication. The school will assume no responsibility for self-administered medications.

Health Guidelines:

It is our goal to provide a safe and healthy learning environment for your child. The #1 defense against disease is frequent and thorough hand washing using soap and warm water. Please encourage frequent hand washing both at school and home.

If a child has a **contagious disease** (viral or bacterial), it is best to keep your child at home until he/she feels better and is no longer at risk of spreading the germs to others (i.e. has a fever, frequent cough, or infected drainage).

Thanks and let's have a great year!